

Prepared by

Billie H. Frazier
professor emeritus
Family and Consumer Sciences

Bonnie B. Tyler
professor emeritus
Institute for Child Study

Reviewed by

Linda Ladd, Ph.D.
parent educator
Cooperative Extension Service
Oregon State University

Georgia Lewis, M.S.
parent educator
Montgomery County Public Schools, MD

Emily S. Wiggins, Ed.D.
Extension family life specialist
Cooperative Extension Service
Clemson University, SC

Helen D. Williams, M.A.E.
Extension home economist
Prince George's County

Parent Education Class
Guide Family Support Center
Prince George's County



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SHOW



LOVE



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Parents: Show You Care Show Love



When you pick up crying babies, you are saying “I love you.” And they know it.

As children get older, they may not like being told what to do. They may not want to go to bed on time. They may want to watch TV one more hour. You must be firm. Explain *why* what you want them to do is important. You do it because you love them.

There are many ways to show children you love them. You can show love with smiles, hugs, or pats on the back. Words can help, too. “You are a fine girl!” “That was a big help.” “I like you.” “You are very special to me.” These words make children feel loved.

Ways To Show Love

- Tell your child often: “I love you.”
- Say: “You can always count on me to love you.”
- Correct your child with love. Say: “I do not like what you did, but I still love you.”
- Read to your child.
- Take walks with your child.
- Let your child help you cook and do chores.
- When your child feels bad, give extra attention.
- Make birthdays and holidays special times.
- Play with your child.
- Hug your child every day.
- Give lots of praise.
- Spend some time every day alone with your child.

Other leaflets in the *Parents: Show You Care* series include the following:

- L 239 Have Fun
- L 240 Build Trust
- L 241 Listen
- L 242 Raise “Can-Do” Children
- L 243 Help Your Children Like Themselves
- L 244 Teach Your Children To Behave