

September
2008

MONTHLY
NEWS FROM
WICOMICO
COUNTY 4-H

The GREENroom

Newsletter

*4-H Motto
To Make The Best Better*

A New Day, A New Look

Things are always evolving here at the 4-H office. We are trying to offer new opportunities, events and ideas. So to start off, here is a new and improved look for the newsletter. Some of the changes include a new title, new format, interesting 4-H facts and so much more to come. Keep a look out.



this issue

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What a Week at the Farm and Home Show

This year we had 48 exhibitors and 550 entries. What a wonderful turn out at the Farm and Home Show this year! 4-Her's from Wicomico County competed in indoor exhibits as well as livestock showing. 4-Her's accumulated over \$1600 in prize money for their indoor exhibits and almost as much for the livestock showing.

In this years 4-H Olympics the new watermelon eating champion was Mackenzie McIntyre, who took the title away from last years champ, Austin Meredith. They had a noble contest but after 3 rounds our new champ was crowned. Other events included the wheel barrel race, bucket brigade and relay races.

The Kindred Spirit Horse Club held a jousting show and riders as well as showmen, displayed their talents. 4-Her's also had the opportunity to participate in a Fashion Show and many other activities open to everyone. We would like to thank all who participated and the supporting family members for making this such a wonder year. A special thanks to Mrs. Kay, Mrs. Debbie, the Farm and Home Show Board members and our volunteer judges and department chairs.

Lewis R. Riley Trophy Awarded to Joseph Chiu

This engraved trophy is awarded in honor of Lewis R. Riley, a former 4-H member. To



become entitled to this trophy, the placing on 4-H exhibits in the Farm & Home Show must total the highest score of all Wicomico 4-H members who have exhibited, including livestock.

Harry S. Banks Memorial Trophy Awarded to Sarah Dorey

This trophy is donated by the Sharptown Lions Club and is awarded to the Wicomico 4-H member who receives the second highest number of points in 4-H exhibits, including livestock.

Sarah was also the Jr. Candy Trophy winner.



Wicomico County 4-H
Educator:

Amy Rhodes

Program Assistant:

Barbara Barga

410-749-6141

<http://wicomico.umd.edu/4-H>
Equal Opportunity Programs

Farm and Home Show Results

Wicomico County 4-H Awards Ceremony

**Friday
November 14
7pm
Christ United
Methodist
Church**

Once again it is time to celebrate and honor all the wonderful things our 4-Hers have done over this year.

Mark your calendars now! This year we will have the awards banquet on Friday, November 14, at Christ United Methodist Church at 7pm.

Please call Kay at 410-749-6141 x101 and let her know if you will be able to attend.



Wesley Myrer

We are so very proud of all the talented 4-Hers we have here in Wicomico County. You all helped make this years Farm and Home Show Outstanding!!



Casey Adkins



Katelyn Davis



Chelsea Hudson

Photo by Austin Meredith

Champion & Grand Champion Winners for each Indoor Division:

Consumer and Family Science

Child Care– Joseph Chiu

Clothing– Malinda Hurley

Home Environment– Joseph Chiu (Grand Champion)

Foods

Food Preparation– Sarah Dorey

Food Preservation – Sarah Dorey (Grand Champion)

Edible Art– Chelsea Hudson

Expressive Arts

Photography – Alexa Grant (Grand Champion)

Fine Arts – Joseph Chiu (Grand Champion)

Crafts – Chelsea Hudson (Grand Champion)

Scrapbooking– Candace Foice

Collections – Megan Harman

Mechanical Science

Woodworking– Keith Barga (Grand Champion)

Electric – Joseph Chiu

Environmental Sciences

Natural Resources - Joseph Chiu (Grand Champion)

Flowers and Arrangements

Cut Flowers– Chelsea Hudson (Grand Champion)

Arrangements & Corsages – Kylie Ucman

House Plants & Terrariums – Chelsea Hudson

Agricultural Sciences

Vegetable Varieties– Malinda Hurley (Grand Champion)

Grain - Casey Adkins (Grand Champion)

Hay– Chelsea Hudson

Eggs - Wesley Myrer

Wool Fleece - Katelyn Davis

4-H Promotion

4-H Promotional Poster - Kylie Ucman

Miscellaneous – Casey Sowell (Grand Champion)

Check Out the 4-H Web Photo Gallery for Past Events
<http://picasaweb.google.com/Wicomico4H>

Livestock Show Results

Champion Showman

Belt Buckle Winners

Dairy - Austin Meredith

Swine - Chris Baker

Beef - Luke Downs

Sheep - Doug Ruark

Meat Goat - Luke Downs

Dairy Goat - Autumn Perdue

Champion Trophy Winners

Dairy Heifer - Sarah Dorey

Market Hog - Mackensie McIntyre

McIntyre

Beef Steer - Lura Ring

Beef Heifer - Lura Ring

Ewe - Mackensie McIntyre

Market Lamb - Lura Ring

Meat Doe - Greta Downs

Market Goat - Chris Baker

Dairy Doe - Autumn Perdue

I am amazed every time I see a livestock show, such young kids handling such large animals. 4-Hers are truly incredible!



Lura Ring was the J. Quinton Johnson Memorial Trophy winner. She earned the highest number of points in the livestock show.



State 4-H Archery Event

Friday
October 17th and/or
Saturday
October 18th
Thendara 4-H Center

Friday & Sat. \$35
Sat. Only \$15

Pre-Registration by
October 1st
Required for Either or
Both Days
After 10/1/08 a \$15
late fee applies.

Eligibility:

4-Hers ages 8 to 18
who are actively &
safely participating in
4-H Archery Clubs.

Age Groups:

Jr. (8-10), Int. (11-13)
Sr. (14-18) – ages as
of 1/1/08

Equipment:

Shooters must provide
their own bows, arrows
and safety equipment.
No equipment will be
available for loan.

Ranges:

Modified FITA and 3-D
with a variety of shoot-
ing distances on both
courses.

For more information
and registration con-
tact Conrad Arnold at
410-228-8800

4-H Summer Adventures, You Should Have Been There

The summer was filled with fun, creativity and learning as approximately 60 kids participated in the 2008 Summer Adventure Program.

Kids tested their saliva, extracted their

D.N.A. and learned about chemical reactions at the Mad Scientist class held at Salisbury University.



They experienced nature at the Pemberton Historical Park, built minnow traps at the City Park, and also fished and learned how to shoot a shot gun at the Dick Hazel Farm.



Mrs. Ann Luke opened Holly Ridge Farm to the children for a Horse Lovers Adventure overnight.



The Salisbury Elks Lodge donated their facility for the Creative Arts Adventure where the kids learned how to make stained glass, glass mosaics and acrylic paint. There was fun at the Elks Pool in the afternoon.



A special thanks goes out to the following teen leaders and

adults who gave countless hours to make this program happen. The adult volunteers: Laura Brittingham, Steve Shores, Josh Shores, Jonathon Workman, and Megan Wikander. Teen Leaders: Hunter Adkins, Keith Barga, Brittney Hurley, Sarah Dorey and Alaina McWilliams.



See What You Missed at 4-H Camp

CAMP was AWESOME!!

I don't know about the rest of the campers but I had a blast at camp this year. Our camp theme was "Pirate Adventures", so as campers arrived they were greeted by some pretty scurvy pirates, one of them even had a talking parrot.



Campers quickly chose their bunks then were assigned a to a ships crew. Alas they were becoming pirates.....Arrrgggg.

The first adventure was to set sail to Tuckahoe State Park, were they all had the opportunity to experience the ROPES course, go canoeing, see reptiles and birds of prey as well as compete against other teams in the Amazing Race.



Campers loved the Hurlock Fire Department visit, especially since they brought a gigantic sprinkler that spray over 30 feet high and wide. This sure felt good and by the end we sure were dirty, but it was so much FUN.



We also had



a visit from the Dorchester County Sheriffs Dept. they brought out their K-9 unit and demonstrated bomb sniffing and takedown techniques.

Campfire was truly magical when it was lit by the "spirit of the light". We were also visited by some local pirates who delivered us with a treasure of s'mores, and they were yummy.

A big Thanks goes out to all the staff who volunteered there time and energy. Thanks to: Cindy Morris, Steve Shores, Mark Hudson, Eric Merrill, Patty Berley, Maria Barga, Keith Barga, and Caleb Shores.



4-H Record Books Are Due!!

Learning to keep good records of the work you do is something that will help you in school, lead to a successful career and is one of the most important things you do in 4-H. **Most of the major 4-H awards are based on record books and resumes, keeping a record of what you did and learned in 4-H will result in recognition at the awards ceremony.** Your record book is due to your 4-H Club Leader by September 15th. Specific directions for completing a record book are included as an insert in this newsletter and are also available on the Wicomico 4-H website. You'll need at least two forms to complete your



record book: Maryland 4-H Summary Record (4-H 511) and 4-H Project Record (4H 510). Both forms are available on the Wicomico 4-H website. You only need one summary record, but you will need a project record for each project! Contact your 4-H club leader or the 4-H Office if you have record book or resume questions.

**Leaders Meeting
Thursday
October 2
6:00 pm
Extension Office**

All leaders must turn record books in by October 2.

Congratulations to our Outstanding 4-Her's

Robby Davis and Chelsea Hudson will be representing Maryland 4-H at the 2008 National 4-H Congress, in Atlanta Georgia. Their excellent portfolios and great interview skills earned them these limited spots as a MD delegate. They will attend the National Congress from Nov. 28 until Dec. 2. Give them your congratulations and wish them a safe trip.

4-H Teen and Adult Volunteer Forum

All 4-H Teens and Volunteers are invited to the 2008 Forum at the Carousel Hotel in Ocean City, **November 21-23**. The Forum is one of the best training opportunities available to 4-H volunteers and provides the knowledge and skills necessary to lead successful 4-H clubs, programs and activities.

The **Carousel Hotel**, offers Forum guests an exceptional value with rates of just \$68 per room per night (condo's and ocean front rooms also available at great rates). There's no charge for family members who are not eating Forum meals or attending activities. Family member meal tickets are available at cost.

Registration Information

Registration information will be available at the Extension Office or can be downloaded from www.maryland4h.org in early September. The "early bird" rate (received by 10/1) is **\$55** and includes three meals. The regular full-time rate is **\$70** until the 11/1 registration deadline. The Saturday "early bird" (10/1) rate is **\$30** (includes lunch) and **\$40** until 11/1.

Ask Us about a Forum Scholarship!

More Than Just A 4-H Leader

A Tribute to Mary Beth Calloway

4-H Hall of Fame

Once a year Maryland 4-H honors outstanding volunteers. This October our very own Mary Beth Calloway will be inducted into the MD 4-H Hall of Fame at the 4-H Awards Gala, held in Greenbelt MD.

Mary Beth Calloway has been a dedicated 4-H volunteer for the past 35 years. Her club the Pittsville Wildcats, is the longest running club in the county and possibly the state and it goes without saying that Mary Beth has the longest record of service to Wicomico County's local 4-H program. She began her club when her first child was of 4-H age and continued serving the youth of Wicomico County for the next 35 years. In addition to "bleeding green" with her own children, grandchildren, nieces and nephews, Mary Beth has been a mentor to hundreds of children over the years. Instilling hard work, determination and overall pride, her members and their families faithfully completed countless projects, participated in community service, and represented 4-H in ways we could only wish most clubs do.

Mary Beth's most outstanding contribution to 4-H is quite simple; however, it has far reaching impacts on people. She is a compassionate woman, with a love of children that is gentle, kind and caring. Mary Beth is always there for her 4-Hers. She has always been a surrogate grandmother, mother or mentor to many of the children in the Pittsville area who are missing a family connection in their life. She is truly a positive role model for all 4-Hers and youth in Wicomico County.

Mary Beth is not only a role model for our 4-Hers but she has also set a tremendous example for our current and new volunteers and their clubs. Her dedication has always prevailed even when the

Pittsville Wildcats were once the only active 4-H club in the county. She has participated in the majority of the special programs offered by Wicomico County 4-H over the years as well as giving local support for her 4-Hers to participate in county, regional and state events. She has had several 4-Hers awarded trips to National 4-H Congress, National 4-H Conference and other out of state trips.

Mary Beth has been able to support 4-H locally by supporting the Salisbury 4-H Horseshow at Winterplace Park. The total proceeds of this show go to the Wicomico County 4-H program. It basically supports all the special programs of Wicomico County 4-H which includes the awards program and camp scholarships. Mary Beth's club has worked to obtain the most horse show ads for each of the last ten years. Her club alone has generated over \$8000 of financial assistance to Wicomico County 4-H. She has also hosted several county events at her farm, promoting agriculture and the raising of buffalo as an alternative form of agriculture.

Mary Beth has always gone above and beyond the call of duty as a 4-H volunteer and as well as in her commitment to the community. She has extended her volunteer service outside of 4-H, by supporting the Salvation Army and America's troops overseas. Locally she has volunteered with the Wicomico Farm and Home Show, as well as, the Salisbury Zoological Park.

It is hard to measure the affect one volunteer has on a club, the community or the world. Judging by the character of the 4-Hers that have grown with the Pittsville Wildcats 4-H Club for the past 35 years, the club must have had a very special organizational leader. Her love of children, commu-

nity and ability to always be there for the children, shines in the faces of her 4-Hers. This fall she will be retiring as the leader of her club and will truly be missed.

The following are quotes from a few people she has touched over the years.

Quoted from Sharon Bagwell, 4-H Educator for Wicomico County 1972-1989

Mary Beth was my first 4-H leader in 1972, she was a very hardworking individual. The thing about Mary Beth is that she is the type of person who took it upon herself to develop clubs and recruit kids. She is a very giving person and would do anything for a child, and I feel that the children she reached are much better off in their lives today because of her.

Quoted from Dan Tabler, 4-H Educator for Wicomico County 1989-2005

Mary Beth is one of my favorite people. She was a great help to me from the time I arrived to my retirement and is certainly deserving of recognition as she actively served as a 4-H volunteer longer than anyone in Wicomico County. When I arrived in the fall of 1989, there were only two clubs still meeting and a livestock club that met occasionally. Mary Beth is a volunteer who continues to serve after her own children have grown out of 4-H. That deserves special credit as that's service "above and beyond" in my opinion.

The Pittsville Wildcats have been one of the top clubs in Wicomico County for the past 20 years, an exceptional record. Mary Beth is a very faithful and dedicated volunteer who is always willing to teach a class, chair a committee or do whatever else is needed to be done. In the mid to late 80's there's a good chance 4-H in Wicomico County would not have survived without her.

Quoted from James Adkins, former 4-H Pittsville Wildcats club member

I joined Pittsville Wildcats 4-H club in approximately 1985 as a relatively timid individual. Mrs. Mary Beth's skills as a leader helped me feel comfortable joining a much older group despite that I did not

know anyone. Through her continued encouragement I became continually more active in the club as an officer and junior leader, but also in regional and state activities. As a member of the Pittsville Wildcats everyone was expected to speak at meetings, lead games, present demonstrations and participate in club projects. These expectations helped all of us overcome fears of public speaking and develop our leadership skills while having fun.

Many of our projects involved basic skills that are no longer stressed in 4-H or any other program. I was able to develop skills such as sewing on a button, making pizzas, setting a table, repairing a flat on a bicycle, and running a meeting at a very early age. With these skills many of the members gained the confidence necessary to give a demonstration or deliver a speech later in their 4-H career. In addition to structured projects Mrs. Mary Beth stresses community service through Salvation Army bell ringing, Bike A Thon and food drives.

On a personal level, my involvement in 4-H public speaking has enabled me to build the skills necessary to perform my job. Beginning with demonstrations at the club level, to running the monthly meetings, to participating in the public speaking contests, to a high school class officer, to president of 4 clubs at UMD, to an Extension Engineer at UD, to the Board of Directors for Wicomico Soil Conservation and Farm Bureau my career and community involvement is directly tied to 4-H public speaking. Mrs. Mary Beth and my parents were instrumental in getting me to complete poultry, vegetable and field crop projects and record books. I learned volumes about the importance of recordkeeping, management and hard work from these projects.

Mrs. Mary Beth Calloway is an outstanding 4-H leader that truly cares about the education and well being of children. She goes above and beyond to teach the things that are important to be a good, ethical and responsible citizen and strives to help make every member succeed. I, and hundreds of others, owe Mrs. Mary Beth a debt of gratitude for helping groom us as men and women, however, deep down I know she would rather just get a hug.

GUIDELINES FOR COMPLETING A 4-H RECORD BOOK

For copies of the Summary Record (4-H 511) & Project Record (4-H 510) contact the extension office or visit the website. Both forms can be downloaded or emailed to you if you would like to type your information in, instead of handwriting it.

4-H records are a written expression of your achievement. They document the knowledge, attitudes and skills that have been learned; they also relate your experience in leadership, citizenship and community service.

Minimum expectations for 4-H Record Books in Maryland include the following components:

- Maryland 4-H Summary Record
- 4-H Story/Essay
- 4-H Project Record
- Senior level 4-Hers should check with the Extension Office for information on the portfolio process.

The following information will provide additional hints and tips for completing the various aspects of your 4-H Record Book.

Maryland 4-H Summary Record (4-H 511)

This summary form is to be used by all 4-H members with one form completed for the 4-H year. The form includes personal information, project goals, project listing and signatures on the first page. Senior members (ages 14-18) need to check on specific information for the portfolio process.

Page 2

Club Participation – this section is used to show attendance at monthly meetings. You may make notes or simply check each month for attendance. If you belong to more than one club, please note that and make checks for each month's activities.

Committees/Offices – this will help us understand your involvement in committees/offices. If you haven't become involved in this area please note, none at this time. You may also include other youth committees/offices such as FFA, church youth groups, school or community organizations.

Promotional Activities – the results section of this chart should list things such as articles published, new members, inquiries about 4-H and the like.

Page 3

Communication Activities – if you can include both event and location in the form, that is preferred ; also include type of recognition received as appropriate.

Awards and Honors – You may list all awards individually and add additional pages. You may also group similar types of awards: for example, fair home arts entries, various placings; fair livestock entries, placings from 1st – 5th, etc.

Page 4

Journal of Activities, Events & Experiences – this is an annual listing of experience throughout the year. It's good to keep this page handy to update on a regular basis.

4-H Story/Essay

Your story is a narrative form of expression which will begin with information about yourself – your age, interests, parents, brothers, sisters, where you live, where you go to school and when and why you joined 4-H. Tell about your 4-H projects, why you selected these, what you learned, things you've tried and found both successful and not so successful. Tell about your leadership experiences such as offices held, committee membership and some of what you've learned. You may want to share your goals and how 4-H has influenced what you'd like to do in the future. Your story may be hand written or printed in ink or computer generated. If you choose to use the computer, print size should be 12 point with margins of 1 inch. Stories may be up to six pages in length; 3-4 pages is sufficient. Include only one 4-H story in your record book that tells about all of your experiences. Please take time to review your story to insure use of complete sentences and correct spelling. You can be as creative as you like when you write your story.



4-H Project Record (4-H 510)

Projects are designed so you as 4-Hers can progress at your own pace through various learning experiences. Project records help you list everything you've done in your 4-H project during the current 4-H year. A completed project includes a communication activity and an exhibit. These tips will help you complete the 4-H Project Record. Remember to complete one for each different project you carry.

Page 1 – This introductory page asks you to identify some personal information about yourself. The signatures on this page verify the records have been reviewed and the information is correct.

Page 2 – The Project Journal/Log gives you a chance to describe exhibits, demonstrations/visual presentations and learning experiences that you've been involved with in the last year. Be as specific as possible and share only work activities associated with the project.

Page 3 – The Project Financial Journal will give you a chance to record and look over expenses and income associated with various projects. You may want to work on this page throughout the year. Note the space at the bottom of the page for profit/loss statement.

Page 4 – The Resources Section can help you learn a great deal more about your project. Take time to list resources that have helped you, in the last year, learn more about your project.

Life Skills – You may hear from time to time that “4-H teaches life skills”. These life skills can be grouped under the “4-H's” in the 4-H Clover. You can use the chart that follows as a guide for listing “life skills” you may have learned through taking 4-H projects.

HEAD	HEART	HANDS	HEALTH
Keeping Records	Nurturing Relationships	Community Service	Self-Esteem
Wise Use of Resources	Sharing	Volunteering	Self-responsibility
Planning/Organizing	Empathy	Leadership	Character
Goal Setting	Concern for Others	Responsible Citizenship	Managing Feelings
Critical Thinking	Accepting Differences	Contributions to Group	Self-discipline
Problem Solving	Conflict Resolution	Effort to do Better	Healthy Lifestyle Choices
Decision Making	Social Skills	Marketable Skills	Stress Management
Learning to Learn	Cooperation	Teamwork	Disease Prevention
Managing Time	Communication	Self Motivation	Personal Safety
	Caring for Others	Service Learning	

A Few Reminders

- **As 4-Hers, it is important that the work that is reported is all yours!**
- **Write or print in ink all information in your book. If you're using the computer use 12 point font size.**
- **Use plain paper for your 4-H Story; lined paper is acceptable for juniors.**
- **Section dividers give a neater appearance to your completed book.**
- **Keep notes and records all year long – it's a much easier process that way!**

NOTE TO SENIOR 4-H MEMBERS:

4-Hers ages 14-18, have the option of completing a 4-H portfolio which includes a 4-H resume, essay and one additional piece that completes the portfolio and is reflective of your 4-H Club work. Seniors need to decide which method of reporting is best for them, contact your county Extension Office for additional details.

For additional information and help contact your county Maryland Cooperative Extension Office and your 4-H Leaders. The Maryland Cooperative Extension programs are open to all citizens without regard to race, color, gender, religion, national origin, sexual orientation, age, marital or parental status, or disability.

**Mark Your
Calendars
NOW**

**Winterfare
&
Operation
Snowflake**

**Saturday
February 21**

**Christ
United
Methodist
Church**

**Shore Fit For
Kids: Healthy
Fitness and
Nutrition
Decisions**

Open to Teens and
Volunteers

Saturday
September 6
8:00 - 2:30

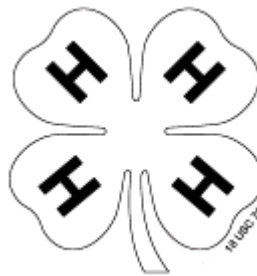
WOR-WIC
Community College

Cost \$20
Scholarships are
available

Contact
Steve Hoehn for
more info at
410-546-5400 ext 24

Did You Know?

The 4-H Name & Emblem is a highly valued mark within our country's history. As such, it was granted a very unique and special status; it is in a category similar to the Presidential Seal and the Olympic Emblem. This federal protection makes it a mark into and of itself with protection that supercedes the limited authorities of both a trademark and a copy-right. As a result, responsibility and stewardship for the 4-H Name & Emblem were not given to the U.S. Patent Office but were given to a higher level of the federal government, a member of the Cabinet, the Secretary of Agriculture. The Secretary has responsibility for the 4-H Name and Emblem, at the direct request of Congress. The "18 USC 707" is the statement in the United States Code that outlines the protection of the 4-H Name & Emblem.



National 4-H Curriculum

The Project Selection Guide is designed to introduce the purpose and importance of 4-H Projects.

The Project List is divided into 3 Core Subject Areas, as well as Multi Curriculum Projects and Group Projects.

The Publication/Project Resource List is updated annually, and lists the projects and publications available, according to the Core Subject area. If your 4-H club is interested in a project not listed in this guide, you may

use the project number for the appropriate topic and whatever publications you can find to help your 4-Her achieve his/her goals.



The 2008 Catalog is available and can be downloaded from:
<http://www.n4hccs.org/>
or contact our office for a copy.

The
GREENroom
NEWSLETTER



September 2008



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