

### Wicomico



WICOMICO COUNTY OFFICE ~ P.O. Box 1836 ~ Salisbury, MD 21802-1836  
410-749-6141 ~ FAX 410-548-5126

Wicomico 4-H Website ~ <http://wicomico.umd.edu/4-H>

Educator ~ Amy Rhodes ~ [arhodes1@umd.edu](mailto:arhodes1@umd.edu)

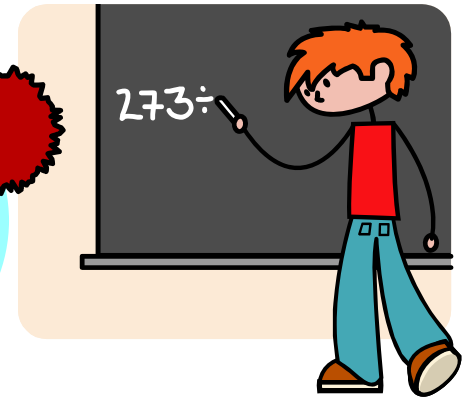
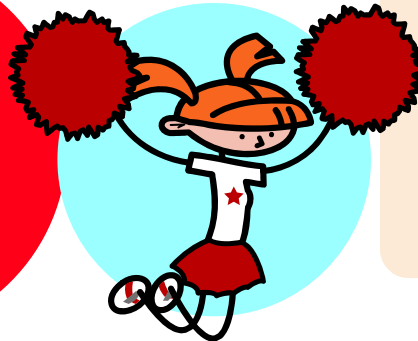
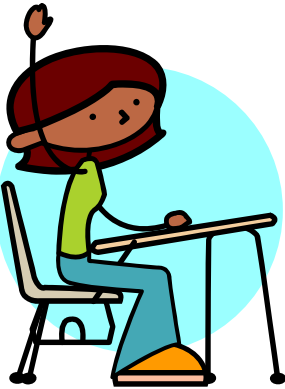
Program Assistant ~ Barbara Barga ~ [bbarga@umd.edu](mailto:bbarga@umd.edu)

School is Now in Session! Where did the summer go? Most of us are still asking that question. September also means 4-H is back in full swing, meetings and activities are on the schedule. Good Luck with this upcoming school year, remember to work hard and have fun.

Mrs. Amy and Mrs. Barbara

### Highlights this Issue

Club News  
Farm and Home Show  
Club Updates  
Awards Ceremony  
Family Fun Day  
Important Dates  
Record Books



### Volunteer Organizational Meeting

Will be held on Thursday, October 11, at 6:30 pm at the Wicomico Extension Office. This is the annual mandatory meeting for all volunteers. Your input is vital for the future of 4-H in Wicomico County. Show your support by attending this meeting. Please call Kay at 410-749-6141 x101 and let her know if you will be able to attend.

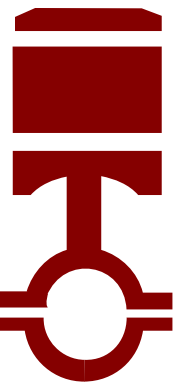
### Eastern Shore 4-H Camp Meeting

We are beginning to plan for summer camp next year and need your help. Anyone interested please attend our first meeting Thursday, September 27, at 6:30 at the Wicomico County Extension Office. We will wrap up from this year's camp and start talking about location and ideas for next year.



## **Melson's Mustangs (August meeting) – By: Chelsea Hudson**

The meeting was called to order by **Chelsea Hudson** with 9 members and 2 leaders in attendance. Pledges were led by **Adam Phillips** and **Amy Wilber**. Secretary's & Treasurer's reports were given by **Chelsea Hudson**. We discussed 4-H Night at the Shorebirds – we had a great time camping out and enjoying the game & spectacular fireworks on the Shorebirds field. We also discussed the Somerset Fair – it was a great success for our members. Reports were given by **Chelsea Hudson, Austin Meredith & Sarah Dorey**. We will be selling snow cones at the Wicomico Farm & Home Show and we will also have a team for the 4-H Olympics. Project demonstrations were given by **Stephanie James, Megan James and Adam Phillips**. Demonstrations were also given by **Sarah Dorey, Austin Meredith & Austin Peterson**. Project books are due by September 6<sup>th</sup>. Make your own ice cream sundaes were provided by **Adam Phillips** and enjoyed by everyone.



### **Auto Club**

Starting back up on the 2nd Monday of each month at 630. The club will meet at Debbie Collison's home. The project will be a 1967 mustang restoration. New members are welcome but space is limited so contact Debbie at 410-749-6141 x 100 or at dac@umd.edu for questions.

### **Shot Gun Club**

Next shotgun club meeting is Sunday September 9, 2007 at 2 pm at the Johnson NRP Range. Anyone interested in joining please contact Ronnie Lowe at (410) 742-4304.



## **MD 4-H Teen and Volunteer Forum November 16-18, 2007**

A great opportunity for you to participate in a state event is the 2007 MD 4-H Teen and Adult Volunteer Forum which will be held at the Carousel Hotel in Ocean City, November 16-18. You are welcome to join us for the whole weekend or to attend on Saturday and take advantage of the great classes available. Wicomico County 4-H will pay for the "early bird" registration fee for eight teens and any Wicomico County 4-H adult volunteer who would like to participate. The "early bird" registration deadline is October 1st. The Carousel Hotel, an OC landmark, offers Forum guests an exceptional value with rates of just \$64 per room per night (condo's and ocean front rooms also available at great rates). There's no charge for family members not attending Forum activities. Family member meal tickets will be available for purchase. So contact the Wicomico office and we will send you a registration packet. Additional information will be available and can be downloaded from [www.maryland4h.org](http://www.maryland4h.org) in early September.

### **State 4-H Archery Event – Saturday, October 13th and / or Sunday, October 14th Pre-Registration by October 1st Required for Either or Both Days**

Now is the time to get your registrations sent in for the 2007 State 4-H Archery Event. Last year 50 youth from 8 counties participated in the Match. This year we are planning a two day event for October 13 & 14 at the Thendara 4-H Center, near Hurlock in Dorchester County. This event is sponsored by the Maryland 4-H Shooting Sports Committee and supported by the Chesapeake Chapter of Safari Club International.

Location: Thendara 4-H Center

Lodging Options: Dormitory, Tent Camp, RV's, & Local Motels

Equipment: Each youth participant must bring their own bows, arrows and safety equipment for both the Learning Day as well as the Archery Match.

For more information and registration contact Conrad Arnold at 410-228-8800

## **4-H at the Farm and Home Show**

How often do you go to your local fair? Well, if you didn't go to the Farm and Home Show this year, you missed a wonderful family event. 4-Her's from Wicomico County competed in indoor exhibits as well as livestock showing. 4-Her's accumulated over \$1000 in prize money for their indoor exhibits and almost as much for the livestock showing.

Watermelon eating, watermelon relays and tug-o-war were a site to see as 4-Her's competed in the annual 4-H Olympics. The Kindred Spirit Horse Club held a jousting show and riders as well as showmen, displayed their talents. 4-Her's also had the opportunity to participate in a Fashion Show and many other activities open to everyone. We would like to thank all who participated and the supporting family members for making this such a wonder year. A special thanks to Mrs. Kay, the Farm and Home Show Board members and our volunteer judges and department chairs.

### Champion & Grand Champion Winners for each Indoor Division:

Consumer and Family Science – Jessica Truitt (Grand Champion)

Child Care– Sarah Dorey

Clothing– Jessica Truitt

Home Environment– Jessica Truitt

Foods – Meredith Wilde (Grand Champion)

Food Preparation– Meredith Wilde (Grand Champion)

Food Preservation – Sarah Dorey

Expressive Arts – Chelsea Hudson & Austin Peterson (Grand Champion)

Photography – Zach Davis

Fine Arts – Austin Peterson

Crafts – Chelsea Hudson

Scrapbooking– Candace Foice

Collections – Chelsea Hudson

Mechanical Science – Jessica Truitt (Grand Champion)

Woodworking– Noah Foice

Electric – Jessica Truitt

Flowers and Arrangements – Megan James (Grand Champion)

Cut Flowers– Greta Downes

Arrangements & Corsages – Megan James

House Plants, Dish Gardens & Terrariums – Chelsea Hudson

Agricultural Sciences – Austin Meredith & Chelsea Hudson (Grand Champion)

Vegetable Varieties– Austin Meredith

Hay– Chelsea Hudson

Miscellaneous – Austin Peterson (Grand Champion)

### Champion Winners for each Livestock Division:

Fitting and Showing Beef Cattle – Joey Haymaker

Market Steer – Joey Haymaker

Heifer – Lura Ring

Fitting and Showing Meat Goat Novice – Wesley

Myrer

Jr. Meat Doe - Chelsea Hudson

Meat Doe - Chelsea Hudson

Buck Kid – Chelsea Hudson

Market Goat - Makenzie MacIntyre

Fitting and Showing Swine – Chelsea Hudson

Jr. Ewe – Zach Davis

Mature Ewe – Doug Ruark

Fitting and Showing Dairy Goats – Doug Ruark

Jr. Dairy Doe – Sarah Dorey

### Grand Champion Trophy winners for each Livestock Division:

Meat Doe – Chelsea Hudson

Market Hog – Chris Baker

Market Pair – Chris Baker

Ewe – Zach Davis

Market Lamb – Keith Barga

Jr. Dairy Doe – Sarah Dorey

### Special Awards

Lewis R. Riley Trophy (award for most points earned throughout the show) – Sarah Dorey

Harry S. Banks Memorial Trophy (2<sup>nd</sup> highest points) – Chelsea Hudson

Check out the next issue of the Delmarva Youth Magazine for 4-H Farm and Home Show results and pictures.



If anyone has pictures from the Farm and Home show please share them with us!! Check our web gallery for current pictures.

Check Out the 4-H Web Photo Gallery for Past Events  
<http://picasaweb.google.com/Wicomico4H>



## Wicomico County 4-H Awards Ceremony Friday, November 2, 2007

Once again it is time to celebrate and honor all the wonderful things our 4-Hers have done over this year. Mark your calendars now! This year we will have the awards banquet on Friday, November 2, at Christ United Methodist Church at 7pm. This is the same location as Winterfare. Please call Kay at 410-749-6141 x101 and let her know if you will be able to attend.



### 4-H Record Books are Due!!

Learning to keep good records of the work you do is something that will help you in school, lead to a successful career and is one of the most important things you do in 4-H. **Most of the major 4-H awards are based on record books and resumes, keeping a record of what you did and learned in 4-H will result in**

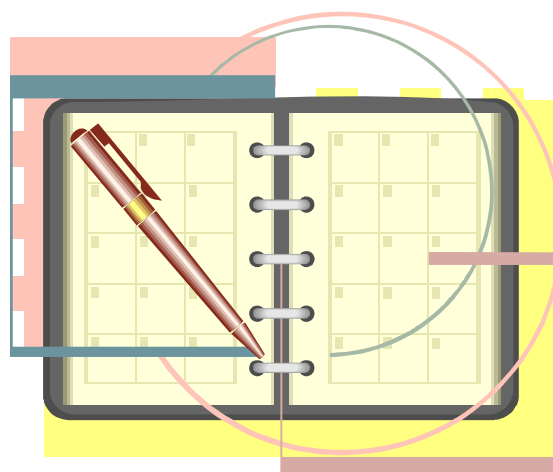
**recognition at the awards ceremony.** Your record book is due to your 4-H Club Leader by September 15th. Graded record books are due in to the Wicomico Extension Office by October 1st. Specific directions for completing a record book are included as an insert in this newsletter and are also available on the Wicomico 4-H website. You'll need at least two forms to complete your record book: Maryland 4-H Summary Record (4-H 511) and 4-H Project Record (4H 510). Both forms are available on the Wicomico 4-H website. You only need one summary record, but you will need a project record for each project! Contact your 4-H club leader or the 4-H Office if you have record book or resume questions.



**Seniors** should start thinking about possible scholarship opportunities!! Talk to your guidance counselors, parents or even contact Mrs. Amy to get you headed in the right direction. There are even 4-H scholarships available. Free money is out there, let your hard work earn you some!!

### Important Dates!

Sept 15	Record Books Due to Leaders
Sept 22	Family Fun Day, Shad Landing
Sept 27	Camp Meeting ,Thursday, 6:30
Oct 1	Early Bird Teen & Volunteer Forum Registration Due
Oct 1	Record Books Due to Office
Oct 10	Applications Due for National 4-H Conference
Oct. 11	Volunteer Meeting, Thursday, 6:30
Nov 2	Awards Ceremony, Friday, 7:00
Nov 16-18	Teen & Volunteer Forum
Dec	Holiday Workshop
Jan	Teen Lock-In
Jan 17	Applications Due for Out of State Trips
Feb 23	Winterfare



# **GUIDELINES FOR COMPLETING A 4-H RECORD BOOK**

For copies of the Summary Record (4-H 511) & Project Record (4-H 510) contact the extension office or visit the website. Both forms can be downloaded or emailed to you if you would like to type your information in, instead of handwriting it.

4-H records are a written expression of your achievement. They document the knowledge, attitudes and skills that have been learned; they also relate your experience in leadership, citizenship and community service.

Minimum expectations for 4-H Record Books in Maryland include the following components:

- Maryland 4-H Summary Record
- 4-H Story/Essay
- 4-H Project Record
- Senior level 4-Hers should check with the Extension Office for information on the portfolio process.

The following information will provide additional hints and tips for completing the various aspects of your 4-H Record Book.

## **Maryland 4-H Summary Record (4-H 511)**

This summary form is to be used by all 4-H members with one form completed for the 4-H year. The form includes personal information, project goals, project listing and signatures on the first page. Senior members (ages 14-18) need to check on specific information for the portfolio process.

### **Page 2**

Club Participation – this section is used to show attendance at monthly meetings. You may make notes or simple check (✓) each month for attendance. If you belong to more than one club, please note that and make checks for each month's activities.

Committees/Offices – this will help us understand your involvement in committees/offices. If you haven't become involved in this area please note, none at this time. You may also include other youth committees/offices such as FFA, church youth groups, school or community organizations.

Promotional Activities – the results section of this chart should list things such as articles published, new members, inquiries about 4-H and the like.

### **Page 3**

Communication Activities – if you can include both event and location in the form, that is preferred ; also include type of recognition received as appropriate.

Awards and Honors – You may list all awards individually and add additional pages. You may also group similar types of awards: for example, fair home arts entries, various placings; fair livestock entries, placings from 1<sup>st</sup> – 5<sup>th</sup>, etc.

### **Page 4**

Journal of Activities, Events & Experiences – this is an annual listing of experience throughout the year. It's good to keep this page handy to update on a regular basis.

## **4-H Story/Essay**

Your story is a narrative form of expression which will begin with information about yourself – your age, interests, parents, brothers, sisters, where you live, where you go to school and when and why you joined 4-H. Tell about your 4-H projects, why you selected these, what you learned, things you've tried and found both successful and not so successful. Tell about your leadership experiences such as offices held, committee membership and some of what you've learned. You may want to share your goals and how 4-H has influenced what you'd like to do in the future. Your story may be hand written or printed in ink or computer generated. If you choose to use the computer, print size should be 12 point with margins of 1 inch. Stories may be up to six pages in length; 3-4 pages is sufficient. Include only one 4-H story in your record book that tells about all of your experiences. Please take time to review your story to insure use of complete sentences and correct spelling. You can be as creative as you like when you write your story.



## 4-H Project Record (4-H 510)

Projects are designed so you as 4-Hers can progress at your own pace through various learning experiences. Project records help you list everything you've done in your 4-H project during the current 4-H year. A completed project includes a communication activity and an exhibit. These tips will help you complete the 4-H Project Record. Remember to complete one for each different project you carry.

**Page 1** – This introductory page asks you to identify some personal information about yourself. The signatures on this page verify the records have been reviewed and the information is correct.

**Page 2** – The Project Journal/Log gives you a chance to describe exhibits, demonstrations/visual presentations and learning experiences that you've been involved with in the last year. Be as specific as possible and share only work activities associated with the project.

**Page 3** – The Project Financial Journal will give you a chance to record and look over expenses and income associated with various projects. You may want to work on this page throughout the year. Note the space at the bottom of the page for profit/loss statement.

**Page 4** – The Resources Section can help you learn a great deal more about your project. Take time to list resources that have helped you, in the last year, learn more about your project.

**Life Skills** – You may hear from time to time that “4-H teaches life skills”. These life skills can be grouped under the “4-H's” in the 4-H Clover. You can use the chart that follows as a guide for listing “life skills” you may have learned through taking 4-H projects.

<b>HEAD</b>	<b>HEART</b>	<b>HANDS</b>	<b>HEALTH</b>
Keeping Records	Nurturing Relationships	Community Service	Self-Esteem
Wise Use of Resources	Sharing	Volunteering	Self-responsibility
Planning/Organizing	Empathy	Leadership	Character
Goal Setting	Concern for Others	Responsible Citizenship	Managing Feelings
Critical Thinking	Accepting Differences	Contributions to Group	Self-discipline
Problem Solving	Conflict Resolution	Effort to do Better	Healthy Lifestyle Choices
Decision Making	Social Skills	Marketable Skills	Stress Management
Learning to Learn	Cooperation	Teamwork	Disease Prevention
Managing Time	Communication	Self Motivation	Personal Safety
	Caring for Others	Service Learning	

### A Few Reminders

- **As 4-Hers, it is important that the work that is reported is all yours!**
- **Write or print in ink all information in your book. If you're using the computer use 12 point font size.**
- **Use plain paper for your 4-H Story; lined paper is acceptable for juniors.**
- **Section dividers give a neater appearance to your completed book.**
- **Keep notes and records all year long – it's a much easier process that way!**

### NOTE TO SENIOR 4-H MEMBERS:

4-Hers ages 14-18, have the option of completing a 4-H portfolio which includes a 4-H resume, essay and one additional piece that completes the portfolio and is reflective of your 4-H Club work. Seniors need to decide which method of reporting is best for them, contact your county Extension Office for additional details.

For additional information and help contact your county Maryland Cooperative Extension Office and your 4-H Leaders. The Maryland Cooperative Extension programs are open to all citizens without regard to race, color, gender, religion, national origin, sexual orientation, age, marital or parental status, or disability.



# 4-H Wilderness Experience

## Outdoor Fall Family Fun Day

### Saturday, September 22, 2007



Come spend the day at the Pocomoke River State Park, Shad Landing. This fun filled day has a lot to offer. The park's combination of swamp and upland offers a great variety of plant and animal life, including white dogwood and pink laurel in the spring, river otters and bald eagles, and over 50 species of fish.

#### **Schedule**

8:45-9:00	Meet and Sign In at Camp Store
9:00-11:00	Canoe Trip (1 adult & 2-3 minors per canoe)
11:15-12:00	Pond Study
12:00-1:00	Picnic Lunch
1:00-1:30	Nature Center Visit
1:30-2:30	Live Reptile and Raptor Nature Program
2:30-3:30	Nature Hike and Wilderness Exploration
3:30-3:45	Wrap Up and Head Out



#### **What to Bring**

- Wear comfortable clothing that can get dirty and old tennis shoes
- Change of clothes to leave in the car, just in case
- Water bottle
- Bug Repellent and Sun Screen (put on before you come)
- Binoculars and Cameras at your own risk
- Pack a lunch or eat at the camp store, they have yummy ice cream. Some tables are in the camp store and there are also picnic tables near the dock, or bring a blanket and find a nice spot by the water.
- Extra items to consider for a evening activity on your own might be fishing poles or your bike.



#### **Camping**

There is also the option to stay and camp. Tent camping and cabins are available as well as RV sites. If you would like to make reservations to camp contact the Camp store at 410-632-2566.

***Space is Limited so Register Early  
by calling Kay or Amy at 410-749-6141***

Register by Monday, September 17 and get the Early Bird discount fee \$15/person.  
Shad Landing is on the south side of the Pocomoke River off Route 113.

**This event is open to the whole family.**

*This event is provided by the Wicomico County 4-H Program*

M A R Y L A N D



H E A D H E A R T H A N D S H E A L T H

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