



January/February 2007

Dear 4-H Families:

We are looking forward to having another outstanding year in the Montgomery County 4-H Program. To start off in 2007 we are working on putting together an "Interstate Exchange Program". The 4-H Interstate Exchange Program allows older youth in 4-H to travel to different states. When an exchange group accepts participants from another state, they agree to host 4-H'ers and parent volunteers from that particular state, usually for a period of one week. In return, the visiting group invites the host group the following year.

Included in this issue of *News & Notes* are a Host Family Application and an Exchange Participant Application. We are trying to get an exchange group together for this year so that we can host this summer and travel next summer (2008). We would like to have between 12-16 4-H'ers/families who would be willing to host and travel. If you are interested in participating in either or both aspects of this program please complete and return the applications to the 4-H Office, 18410 Muncaster Rd., Derwood, MD 20855 by February 1, 2007.

Take action and join in the fun as we get started with this new endeavor for 2007!!!

# 4-H Awards Ceremony



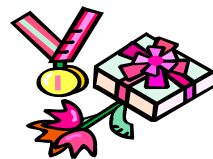
**Come One Come All**

Our Awards Ceremony (formerly known as "Animal/Community Recognition Program") will be held on Saturday, February 3, 2007 (snow date: Feb. 24) at the Germantown Campus of Montgomery College in Globe Hall starting promptly at 7:00 p.m. There will be light refreshments after the awards program.

We will be honoring all of our 4-H Clubs, Members and Volunteers at this one ceremony. Please come out and support your club members and volunteers. We will be honoring our judging teams, bowl teams, state representatives for public speaking, visual presentations and healthy lifestyles to name a few. We will also be giving special recognition to 4-H'ers for leadership, community service and project work.

This is our one opportunity to honor our members and volunteers and for them to receive the recognition that they so greatly deserve.

See you on the 3<sup>rd</sup> of February!!



## Maryland Dairy Convention

The Maryland Dairy Industry Association is hosting the first even Maryland Dairy Convention, Saturday, February 17, 2007, at the Lynfield Event Complex off Route 15 just north of Frederick. Youth are invited to test their dairy knowledge in a Junior Dairyman Contest that will run concurrently with a daylong program of nationally recognized dairy industry speakers for the adults. Following the day's events will be a tour of Mason-Dixon Farm in Emmitsburg, which features the latest in technology with robotic milkers. The youth day meeting is free of charge, and transportation to Mason-Dixon will be available on a first-come, first-served basis. Registration begins at 8:30 a.m. The evening kicks off with a reception and dinner banquet at 6:30 p.m., followed by Dairy Shrine awards, including special youth recognition.

For more information on the youth events, call Susan Summers at 301-865-1045. For more information on the convention or to register, contact Debra Spurrier at 301-473-7522 or by email at [marylandag@netzero.net](mailto:marylandag@netzero.net) Registration is due by Feb. 6 but those interested in the tour to Mason-Dixon should let Debra know as soon as possible.

Youth attending this event will be given credit as an approved dairy event for your Dairy Verification Card.

## Maryland State Fair Changes

The Directors of the Maryland State Fair have changed the weekends of the shows at State Fair for 2007. The 4-H/FFA shows will now be Labor Day weekend and the Open Shows will be the first weekend. This will not affect the 4-H Dog or Horse Shows. As soon as we receive a tentative schedule from the state we will pass it along. If you have questions concerning these changes please contact Willard Lemaster, 4-H Animal Science Extension Specialist, at 410-531-0534 or email at [Lemaster@umd.edu](mailto:Lemaster@umd.edu)

## Healthy Lifestyles Workshop Day

It's not too late to sign up for the Healthy Lifestyles Workshop which will be held here at the 4-H Office on January 22 from 9 a.m. – 2 p.m. A registration form was in the last issue of *News & Notes* but if you have misplaced that issue and you would like to participate please call the 4-H Office at 301-590-9638 x 0 to sign up over the phone.

## Dog Bowl



Dog Bowl practices have begun! The Maryland State Dog Bowl will be held on Saturday, March 24 in Howard County. If you have an interest in learning about dogs, dogs, and more dogs, come out and join us at practices which are held in Derwood from 7:30-9 p.m. on various week nights. For more information, please email Susan Perdue at [superdue@comcast.net](mailto:superdue@comcast.net) Be sure to write "Dog Bowl" on the memo line.

## Senior Council

4-H Senior Council participates in many community service projects and is a great source of help for anyone working towards their Diamond Clover Award. They are always looking for new ideas and new and different ways to help out other 4-H Clubs, so if you have something that you need some teens to help out with, please give them a call. Their advisor is Kelly Himes and you can reach her at 301-332-8986 or email [kellyhimes01@comcast.net](mailto:kellyhimes01@comcast.net)

The other thing that Senior Council is looking for is NEW members. All Montgomery County teens (14-18) are invited to attend meetings. Their next scheduled meeting dates are January 18, February 15 and March 15. They meet from 7 – 8:30 p.m. at the County 4-H Office. Come and join us at our next meeting to see what we are all about.

## Volunteers Needed for Health Freedom Walk

The Freedom Walk represents a symbolic walk for freedom from the “slavery” of obesity and a sedentary lifestyles. As we remember the freedom that slaves struggled to evade, so too, do we symbolically struggle to evade practices that “enslave” us to unhealthy living.

The Freedom Walk is hosted by the Community Health Awareness and Monitoring Program and the Montgomery County Dept. of Health and Human Services, African American Health Program. It will be held on Saturday, June 9, 2007 (Rain Date: June 16) and they need volunteers to help that day with event set up and take down, greeters, registration tables as well as people to be stationed along the trail. The Walk begins at Woodlawn Manor Park, 16501 Norwood Rd., Sandy Spring, MD. Volunteers will need to report between 7-8 a.m.

This could be a community service project for your club, if you are interested please contact Autumn Saxton-Ross, Volunteer Coordinator at 240-777-6826 or email her at [Autumn.saxton-ross@montgomerycountymd.gov](mailto:Autumn.saxton-ross@montgomerycountymd.gov) I am sure they need all the help they can get so give this some thought and see if your club members would be interested in helping with this event.



## Livestock Skill-a-thon

Want to learn more about your livestock projects? Learn more about equipment and feed, judge hay, and mean; even win a FREE trip to the national contest in Louisville, KY. The 2007 Livestock Skill-a-thon team is forming now with junior, intermediate and senior divisions. This is a benefit for anyone raising livestock and a great educational opportunity. If you are interested in learning more about your livestock projects please register at the 4-H Office by calling David Gordon (301-590-2813) by January 18<sup>th</sup> or simply come to the first meeting that night at 7 p.m. at the 4-H Office. The state skill-a-thon contest will be held in connection with the Maryland Cattleman’s convention on March 3, 2007 in Hagerstown, MD. Please call if you have any additional questions.

## The Gift of Gab



Come to the 4-H Office on February 10<sup>th</sup> from 8:30 a.m. – Noon and learn how to exchange ideas and information in a clear and concise way. The Public Speaking Committee will be hosting a workshop to help you plan, write and deliver a speech, or give a demonstration.

This workshop will help you to express yourself and to improve your ability to speak before an audience. You will get valuable information that will help you in school, in college and in the job market.

**Call the 4-H Office by February 1 (301-590-9638 x0) to register for this very informative workshop.**

The Public Speaking Contest will be held on March 31<sup>st</sup> at the 4-H Office, please see the registration and rules for this contest elsewhere in this issue of *News & Notes*.

## Young Teens - Empowering Yourself to Grow, Learn & Achieve

What Can You Do? Empowering Yourself to Grow, Learn and Achieve. Join the Baltimore, Frederick and Prince George's Counties and Baltimore City young teens for a fabulous fun-filled full-day at the University of Maryland.

Youth Empowerment Day  
March 10, 2007  
University of Maryland  
College Park  
Young Teens Ages 11-13

For More Information  
Or  
If you are interested in attending  
Contact Alga Piechocinski at 301-590-2804

## News From the Animal Science In-Service

- ☼ Breeding Animal Ownership Deadlines – (New Dates) – July 1, 2007 or 30 days prior to the start of your county fair.
- ☼ Dairy Breed Field Days – (New Age Guideline) – The Youth Division will now go up to age 21.
- ☼ Petting Zoos – These will no longer be presented with the backing of the State 4-H Program. If you do have a petting zoo then you will be doing it without the protection of the State.

## Knitting & Crocheting Workshops

Improve your needle skills or learn a new one at the upcoming knitting and crocheting workshops!

It not too late to sign up for the January 22<sup>nd</sup> workshop which will take place from 2-4 p.m. after Healthy Lifestyles Day at the 4-H Office. Call the 4-H Office at 301-590-9638 x0. If you plan to attend this workshop you will need to bring the project you are working on or if you don't have a project in the works, come and start on a square for Warm Up American or a hat for a sailor or soldier serving overseas. This workshop is ONLY for those who KNOW how to knit or crochet. Also, please bring a snack to share. We will talk about teaching beginners so you can come help at the beginning workshops in February.

**On Thursday, February 1**, join us at the 4-H Office from 7-9 p.m. to learn the basics of crochet. Bring a size J hook and worsted weight yarn in your favorite color. You will learn how to start a simple crochet hat or square.

**On Wednesday, February 28**, come join us at the 4-H Office from 7-9 p.m. to learn the basics of knitting. Bring a pair of size 10 needles (shorter ones that are easier to handle) and worsted weight in your favorite color. You will learn how to do the knit stitch to make a simple knitted square.

Experienced knitters and crocheters would be WELCOME at both of these beginner workshops to help. Please return the sign-up form below for these beginner workshops.

---

### Beginner Workshops Registration Knitting & Crocheting

Name \_\_\_\_\_ 4-H Age \_\_\_\_\_

Phone \_\_\_\_\_

Beginner Crochet Workshop (Feb. 1) \_\_\_\_\_

Beginner Kitting Workshop (Feb. 28) \_\_\_\_\_

Return by January 29, 2007 Mail to Mont. Co. 4-H, 18410 Muncaster Rd., Derwood, MD 20855

Equal Access Programs



## **KLUB KORNER**

The Damascus Community 4-H Club undertook numerous community service projects in 2006. Some of these projects are annual activities, such as preparing a meal for the Laytonsville Havens, which is a local shelter for battered women. The Club also participates annually in Relay for Life, Toys for Tots at Christmas, and planting flowers at the Montgomery County Agricultural Center fairgrounds. This year the Club also beautified the Damascus Volunteer Fire Department's flower beds, collected used cell phones for the Montgomery County Police Department, prepared gift boxes for Operation Christmas Child, compiled and donated a Thanksgiving food basket for Damascus Help, made tray favors for a local nursing home, and hand made scarves to send to an Indian reservation in South Dakota for the coming winter season. Club members like to help people in the community and they work hard for good causes.

Submitted by: Julia Doody, Damascus Community 4-H Club

## CALENDER OF EVENTS



2007

January	9	Record Book Judging, 3 p.m. – until, 4-H Office
	9/11	Quilting Workshop Begin, 6:30 p.m., 4-H Office
	20	Sewing Workshops Begin, 9 a.m., 4-H Office
	22	Healthy Lifestyles Workshop, 9 a.m., 4-H Office
	22	Knitting Workshop, 2 p.m., 4-H Office
	27	Electric Workshop, 1 p.m., 4-H Office
	31	Officer Training Workshop, 7 p.m., 4-H Office
February	1	Crocheting Workshop for Beginners, 7 p.m., 4-H Office
	3	Awards Ceremony, 7 p.m., Globe Hall, Mont. College, Germantown
	10	Public Speaking Workshop, 8:30 a.m., 4-H Office
	13	Out of State Trip Interviews, College Park
	17	Maryland Dairy Convention, 8:30 a.m., Frederick
	19	4-H Day in Annapolis
	28	Knitting Workshop for Beginners, 7 p.m., 4-H Office
March	3	Skill-a-thon Contest, Hagerstown
	10	Young Teen Empowerment Day, College Park
	13/15	Natural Dyes Workshops Begin, 6:30 p.m., Kengla Ctr., Derwood
	16-30	Close Encounters With Agriculture, 10 a.m., Extension Office
	24	Dog Bowl, Howard Co. Fairgrounds
	31	Public Speaking Contest, 8:30 a.m., 4-H Office
April	14	Healthy Lifestyles & Visual Presentations
	28	Regional Public Speaking
	28	Maryland Day, University of MD, College Park
May	5	Fashion Revue, Mont. Co. Fairgrounds
	5	Beef Field Day, Mont. Co. Fairgrounds
	5	Dairy Bowl

**4-H Public Speaking Contest**

March 31, 2007

8:30 a.m.

Montgomery County 4-H Office

The contest consist of four categories:

**Prepared Speech**

**Extemporaneous**

**Radio Spot**

**Interpretations**

Each of the above categories includes three age groups: Junior (8-10), Intermediate (11-13) and Senior (14 and older). Ages are as of January 1<sup>st</sup> of the current year.

Time Limits:

- Prepared: Juniors: 3 to 5 minutes, Intermediates & Seniors: 4 to 6 minutes
- Extemporaneous: Juniors & Intermediates: 2 to 3 minutes, Seniors: 3 to 5 minutes
- Radio Spot: 30 seconds for all age groups
- Interpretations: Juniors & Intermediates: 2 to 3 minutes, Seniors: 3 to 5 minutes.
  - A. Dramatic Interpretation
    - a. Oral interpretation, memorized by the speaker or a serious selection of narrative or dramatic literature. Monologues are acceptable
    - b. Mime – use your body to create an interpretation
  - B. Poetry Interpretation
    - a. A memorized oral interpretation by the speaker
  - C. Humorous Interpretation
    - a. A memorized oral interpretation of a humorous selection by the speaker. Cuttings may be taken from published plays or prose.

Awards will be given in each of the age categories at the completion of their division.



***Public Speaking Registration***

**Registration Deadline: March 2, 2007**

**Mail Registration to: Montgomery Co. 4-H, 18410 Muncaster Rd., Derwood, MD 20855**

Name \_\_\_\_\_ 4-H Age \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_ Club \_\_\_\_\_

I would like to participate in the following Public Speaking categories:

\_\_\_ Prepared Speech \_\_\_ Extemporaneous Speech \_\_\_ Radio Spot \_\_\_ Interpretations

Prepared Speech Title \_\_\_\_\_

Interpretations Category (pick from above A. B. or C.) \_\_\_\_\_ Title \_\_\_\_\_

It is the policy of the University of Maryland and Maryland Cooperative Extension, that no person shall be subjected to discrimination on the grounds of race, color, gender, religion, national origin, sexual orientation, age, marital or parental status or disability.



MARYLAND INTERSTATE EXCHANGE  
Host Family Application

Family Name \_\_\_\_\_ Phone # \_\_\_\_\_

Father's Name \_\_\_\_\_ Mother's Name \_\_\_\_\_

Address \_\_\_\_\_

Children's Name(s)	Living at Home Yes or No	Age	Years in 4-H	Grade in School on Jan. 1 of current yr.

Names of other people living in the home \_\_\_\_\_  
Their relationship to the family \_\_\_\_\_

Father's occupation \_\_\_\_\_ Mother's occupation \_\_\_\_\_

Residence Type \_\_\_\_\_  
(i.e., farm, rural, city)  
If farm, do you raise livestock or have horses? What animals \_\_\_\_\_

Community involvement of family members \_\_\_\_\_

Hobbies/special interests of family members \_\_\_\_\_

What places of interest would you be willing to show your exchange student?  
\_\_\_\_\_

Would a responsible adult be at home during the day time? \_\_\_\_\_

What type of sleeping accommodations would you be able to provide for your exchange student?  
(single room or shared room) \_\_\_\_\_  
What gender do you prefer to host? (female or male) \_\_\_\_\_

Are you willing to host an adult chaperone? \_\_\_\_\_

Are you available to host mid June – mid July? \_\_\_\_\_

Does your family attend religious services on a regular basis? \_\_\_\_\_

List special rules that would apply in your home (i.e., does not allow smoking, light out at a certain time, no phone calls after a certain hour) \_\_\_\_\_

\_\_\_\_\_

Please make any additional comments or notes you feel would be of interest to those making the host family selection:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are one or more adults in the household a MCE volunteer? \_\_\_\_\_ If no would you be willing to attend the mandatory trainings to become one? \_\_\_\_\_

Please list two references which we may contact. Please give name & address:

Reference 1

Name \_\_\_\_\_ Phone# \_\_\_\_\_

Address \_\_\_\_\_

Reference 2

Name \_\_\_\_\_ Phone# \_\_\_\_\_

Address \_\_\_\_\_

I certify that all of the information on this application is true and complete to the best of my knowledge. I understand the expectations of host families and I agree that our family will attend any orientations provided and will participate within the framework of the 4-H Exchange Program.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date

It is the policy of the University of Maryland and Maryland Cooperative Extension, that no person shall be subjected to discrimination on the grounds of race, color, gender, religion, national origin, sexual orientation, age, marital or parental status, or disability.

