



News & Notes

March/April, 2008



Dear 4-H Families:

Each year scholarships are offered by the Maryland 4-H Foundation to 4-H members or alumni who will be enrolled in an accredited college, university or post high school program in the fall of the current year. The state has several scholarships available but only one application to complete to be considered for them. Scholarship applications are **due to the Maryland 4-H Foundation office by May 1**. Scholarship applications must be signed off on by your 4-H Club Leaders as well as a 4-H Extension Education so please allow time so that your application reaches the Foundation on or before the due date.

The 4-H Foundation's scholarship application is available on line at www.maryland4h.org or you may contact our office for a copy. Recipients of these scholarships will be notified by the Maryland 4-H Academic Scholarship Committee on or before July 31 and checks will be forwarded directly to the university or college that the recipient chooses to attend.



This year in addition to the 4-H Foundation's scholarships the Montgomery County 4-H Program is offering two \$500 scholarships for 4-H'ers who will be enrolling in an accredited college, university or post high school program for the first time in the fall of the current year. **Scholarship applications are due to the County 4-H Office no later than May 1 and no applications will be accepted after this date.** To obtain an application please call the 4-H Office.

Applicants must provide in addition to the application a copy of their high school scholastic record for the past three years and two letters of recommendation from someone who has knowledge of your scholastic and/or leadership abilities. Recipients of these scholarships will be notified by our office no later than July 1st and a check will be issued to the recipient to be used directly toward their educational expenses.

Also, we would like to take this opportunity to congratulate all of the award recipients who received recognition at the Award's Ceremony that was held recently. And to thank all our club leaders, volunteers, parents and 4-H'ers that helped bring this program together.

Spring Break Sewing Sessions

March 26 & 27 8:30 a.m.-1 p.m.

Because these classes are during the week and that limits the number of sewing guild volunteers who are available to help we must limit the number of 4-H'ers who can register. The goal of this workshop is to help the 4-H'ers who participated in the winter sewing classes to complete the projects they started and for people who are ready for intermediate and advance sewing skills.

If you did not participate in the winter classes but are interested in attending the spring sewing workshop, please call the 4-H Office 301-590-9638 x0 no later than March 17 to register on a first come first served basis. If you are accepted you will need to select your fabric and pattern which could have zippers and set in sleeves. You are to cut out the pattern, pin it onto the fabric, and bring it to the class with pattern still pinned to each cut piece. Please bring your sewing machine and a snack. The instructors will help you with the completion of your project. For more information contact Mrs. Piechocinski at 301-590-2804.

Potting Plants

The Gaithersburg/Washington Grove Garden Club will be doing a "hands-on" workshop on how to pot plant cuttings and their care. This workshop was advertised in the last issue of *News & Notes*. Space is limited, however. we still have a few spaces left if you are interested in joining this workshop which will be held here at the 4-H Office on April 19th from 10-11:30 a.m. Call the 4-H Office to register or send in the registration form that was in the last issue of *News & Notes*.

Exchange Program Fundraiser

We have a group of 4-H'ers who are going to be traveling to Colorado this June as part of an exchange with that state's 4-H'ers. In order to help defray the costs of their travel they are planning on raising money by having a YARD SALE on May 10th at the home of Debbie Malone.

If you are spring cleaning or not – we want your used almost new items to sell. You know the saying someone else's junk is another's treasure. If you have large items that you want someone to pick up we can even accommodate you and make a pick up. Please call Jeannie at the 4-H Office to donate your items.



Can You Believe It? Time To Think About The Fair Parade

Is your club planning on putting a float in the 2008 Montgomery County Agricultural Fair Parade? This year's parade theme is: "4-H Was Here From the Start". This will be the 60th anniversary of the Fair and 4-H was there from the beginning so put your thinking caps on and get your club members together to start planning your float.

Fair Booth Announcers

We are seeking youth or adults who are either fluent in or have studied Spanish, and can read and speak the language clearly to make announcements at the Fair Information Booth at the upcoming Fair. Please contact Kaylene Lyons for more information or to help at 301-570-5577 or by email goatiegirl4@aol.com

Are You Interested?

We are planning to do some countywide activities but we need to know if there is enough interest from you to go ahead with the planning. Listed below are a couple of things that we would like to offer:

A volleyball tournament – clubs or individuals would form teams of 6 members in two different age groups, Seniors (age 14 and up) and Juniors (ages 8-13). Teams that win their match (double elimination) would move on to play another game until the team left at the end, one junior & one senior team, would become the “County 4-H Volleyball Champs” with trophies being awarded to team members.

A talent show – individuals or groups could enter their acts, we would then have an audition and a minimum of 10-15 acts would be selected to make up our talent show.



Countywide Interest Form
Return to: Montgomery Co. 4-H
18410 Muncaster Rd., Derwood, MD 20855
Return by: March 20th

Name _____ 4-H Age _____

Club _____

Yes ___ I would be interested in participating in a volleyball tournament

Yes ___ I would be interested in putting together a team to participate in a volleyball tournament.

Yes ___ I would be interested in participating in a talent show

Yes ___ I would be interested in attending a volleyball tournament – talent show as part of the audience.
(circle one or both)

___ Neither of these interests me but would like to be on a planning committee to help plan some other type of countywide event.



Small Engines Special Interest Club

The Small Engines Club will be starting on April 15 and running for 6 consecutive Tuesday evenings from 7-9 p.m. Mr. Paul Leatherman will be supervising this club and it will be held at his home in Damascus. Space is restricted so this group will be limited to 10 4-H'ers and will be filled on a first come first served basis. To reserve a spot please call the 4-H Office at 301-590-9638 x0.

In order to participate in this club you must be at least 10 years old. Once you call the office to secure a spot in this program we will refer you to Mr. Leatherman so that you can get directions to his home.

BEEP! BEEP! Know Your Car



We are offering an "Automotive Project Group" for senior 4-H'ers, ages 14 and older. You will learn key things that every good driver should know. You will learn how to handle roadside emergencies, recognize simple auto problems such as checking your vehicle's fluid levels, tracking routine servicing timetables and more.

A limited number can be accepted so that the hands-on activities will be meaningful. We will meet on four Sunday afternoons, April 20, 27 & May 4 & 18 at the Montgomery County 4-H Office from 1-3:30 p.m.

Since only a limited number of 4-H'ers will be accepted you will need to call the 4-H Office as soon as possible to reserve your spot in this useful project group.

Healthy Lifestyles and Visual Presentations

The Healthy Lifestyles and Visual Presentations contests will be held simultaneously at the 4-H Office on Saturday morning, April 12. For Healthy Lifestyles, the four entry categories are poster, tablesetting, food science exhibit, and menu judging for junior, intermediate and senior age groups. These entries should be brought to the 4-H Office by 8:45 a.m. The tablesetting and food science exhibits require a short interview with the judge, but the posters and menus can be dropped off for judging if you are unable to stay for the whole morning. Please see Healthy Lifestyles guidelines and registration form in this issue of *News & Notes*. Use of the computer and www.mypyramid.gov is strongly recommended for researching the menu entry. The poster theme this year is "Elect a Healthy Lifestyle"!

Visual Presentations consists of either a demonstration or illustrated talk, complete with needed materials and visuals. See the guidelines to the various classes of entry elsewhere in this newsletter. Participants in both contests will have a chance to take an education workshop while waiting for judging or their turn on the schedule. If you participate in both contests, you will be well on your way toward a project completion or two!

We hope you "elect" to send in your registration form(s) to the 4-H Office no later than April 1. Contestants may bring a lunch, however, events should be finished by noon or 1 p.m.

Lost

Are you missing a brown jacket with a "woodworking" 4-H pin attached to the pocket if so we have it here in the 4-H Office.

VISUAL PRESENTATION RULES & REGULATIONS

1. The participants must be enrolled in the Howard or Montgomery County 4-H Program. This means a signed enrollment form is on file in the Extension Office, 4-H Department. You do not have to be enrolled in the project you are demonstrating.
2. Visual demonstrations, illustrated talks, and food & nutrition contest entries may be either individual or team efforts. (Age of oldest team member determines age division.) Egg, ground beef and turkey entries must be individual entries only.
3. A club member may make only one presentation in classes A through F. A second presentation may be given in the egg contest, ground beef, turkey, or food & nutrition illustrative talks contests and must not be the same as presented in A. See specific rules for each contest.
4. Juniors must be between 5 and 15 minutes and seniors 10 to 15 minutes (see rule 11 for food & nutrition demo special time requirement). Finished products should be displayed during the allotted time of the presentation for judges' inspection. The judge may or may not choose to taste food samples. No food samples may be offered to the audience.
5. Equipment & supplies: Participants must furnish all their own equipment and supplies. Stoves and a refrigerator will be furnished for food presentations, if the 4-H'er indicates they are needed (note on entry form). A table and easel is provided for all presentations. Tables will be set up in the hall so demonstrators can pre-arrange trays to save time and improve the appearance of the demonstration. Boxes of supplies should not be carried into the room and set on the demonstration table.
6. Each 4-H'er is to do all his/her own work, including set up and take down. The hostess may assist, but parents must not assist. Demonstrators with parental help are ineligible for champion.
7. Demonstrations should not be memorized. It is suggested that notes be used and written on cards.
8. All Blue Ribbon winners (ages 8-18) will have the opportunity to represent their county at the State Fair in the 4-H Visual presentation Judging Program
9. Presentations will be judged by the Danish method according to their own merit (Blue, Red, White). Champions are chosen from the blue ribbon winners in each judging group.
10. The classes are:
 - A. Foods (any food & nutrition project)
 - B. Home Economics (child care, clothing, home furnishing, home management & consumer ed)
 - C. Hobby (bicycle, crafts, hobby, handyman, photography)
 - D. Horticulture (any plant related project)
 - E. Animals (dairy, livestock, pets, vet science, horse)
 - F. Miscellaneous (safety, electricity, petroleum power, etc.)
11. Food Demonstrations (category A) and Illustrated Talks (categories A-D) must include:
 - A. Information about nutritional value
 - B. Steps in the preparation of the dish or food product
 - C. The occasion or purpose of the dish or food product
 - D. A finished product (a dish may be prepared before demonstration or during the actual demo)
 - E. The recipe must be written on a 4" x 6" card as follows:
 - a. Name of recipe
 - b. List of ingredients (listed in order of use in the recipe)
 - c. All measurements should be in common fractions.
 - d. Brand names and abbreviations should be omitted.
 - e. The instructions for preparing the dish must be clear; correct terms for food preparations used: size of pan given temperature and cooking time stated; and number of servings stated.
 - F. The demonstration must be no more than 10 minutes in length. Judges will be allowed two minutes for questions.
 - G. Recipes or food products must provide one serving from one of the Basic Food Groups.

**VISUAL PRESENTATIONS/HEALTHY LIFESTYLES CONTEST
MONTGOMERY COUNTY**

4-H OFFICE – 18410 Muncaster Rd. Derwood, MD

APRIL 12, 2008

8:30 A.M.

Demonstrations and illustrated talks may be given in the following categories:

- A. Foods (any food & nutrition project)
- B. Home Economics (child care, clothing, home furnishings, home management & consumer ed)
- C. Hobby (bicycle, crafts, hobby, handyman, photography, etc.)
- D. Horticulture (any plant related project)
- E. Animal (dairy, livestock, pets, horse, or vet science)
- F. Miscellaneous (safety, electricity, petroleum power, etc.)

Illustrated talks may also be given in these specific categories:

- A. Food & Nutrition
- B. Ground Beef
- C. Turkey
- D. Egg Preparation (may also be a demonstration)



VISUAL PRESENTATION REGISTRATION

RETURN BY: APRIL 1, 2008

The entire form to:

Mont. Co. 4-H Office, 18410 Muncaster Rd., Derwood, MD 20855

Name _____ 4-H Age _____ Phone # _____

Address _____ Club _____

Demonstration Category (pick from above) _____ Demonstration Title _____

Illustrated Talk Category (pick from above) _____ Illustrated Talk Title _____

HEALTHY LIFESTYLES CONTEST REGISTRATION

Healthy Lifestyle Entry (please check all that apply) – **Poster Theme – “Elect a Healthy Lifestyle”**

Poster _____ Table setting – Formal _____ Informal _____ Menu Judging _____ Food Science Display _____

_____ I would like to help on April 12th as a Jr. Leader

It is the policy of the Maryland Extension that no person shall be subjected to discrimination on the grounds of race, color, gender, religion, national origin, sexual orientation, age, marital or parent status, or disability.

Calendar of Upcoming Events

March

- 1 Public Speaking Competition, 4-H Office
Skill-a-thon Competition
- 26-27 Spring Break Sewing Sessions, 4-H Office
- 29 Volunteer In-service, Howard Co. Fairgrounds

April

- 12 Visual Presentations & Healthy Lifestyles Competition, 4-H Office
- 12 State 4-H Dog Bowl Competition, Cecil County
- 15 Small Engines Special Interest Club Starts, Mr. Leatherman's Home
- 18 Automotive Project Group Starts, 4-H Office
- 19 Garden Club Plant Workshop, 4-H Office

May

- 15 Extension Volunteer Recognition Program, County Extension Office
- 17 Wills Fair, Howard Co. Fairgrounds
- 31 State Horse Judging & Hippology Competition, Mont. Co. Fairgrounds

June

- 8 4-H Fashion Revue, Montgomery Co. Fairgrounds

July

- 6-11 4-H Camp, Western Maryland Campgrounds

August

- 8-16 Montgomery County Fair

Wills Fair – May 17th

If you are interested in entering an animal in the Will's Fair on May 17th which will be held at the Howard Co. Fairgrounds you will need to submit an entry form to our office no later than April 10th. A complete catalog of classes and registration forms can be found at www.howard4-h.org/willsFair/index.cfm or call our office for a copy.

County Fair Royal Court Applications Available

Applications for the Royal Court will be going out to senior 4-H members (ages 14-18 as of January 1, 2008). You can also download the application from the fair's website www.mcagfair.com. Applications are to be submitted to the Fair Office, Attn: Fran Herzog no later than April 18. **Please be sure to read all of the rules and regulations because some things have been changed!!!!** This will be the fair's 60th Anniversary so you will want to be a part of this big celebration.

KLUB KORNER

April 12th – Montgomery County Fairgrounds – 8 a.m. – 2 p.m. Multi-club Yard Sale

The 4-H Beef Club, Goshen 4-H Club and the Sheep & Swine Clubs will be holding a yard sale with the proceeds going to the "Adopt a Social Worker Program" of Montgomery County. Please come out and support these clubs with their community service project. For more information or to donate items contact Lorelei Irons at 301-391-6023.

Submitted by: Lorelei Irons, Goshen 4-H Club Leader

4-H Fashion Revue Registration
“Project Runway 4-H Style”

Registration Form Due: May 12, 2008
Mail to: Montgomery County 4-H Office
18410 Muncaster Rd.
Derwood, MD 20855

Name _____ 4-H Age _____ Phone # _____

Address _____ Zip _____

Club _____

Dinner will be available for 4-H Fashion Revue participants at \$5 per person.* A check in the amount of \$_____ is enclosed. (Make checks payable to Montgomery Co. EAC)

Dinner will be served at 4:30 p.m. Please bring your own lunch and/or snacks.

*If a parent will be joining their child for dinner please enclose an additional \$5 to cover the dinner cost.

Number of years in a 4-H Clothing or Fashion Project? _____

Is this your first time in the 4-H Fashion Revue? _____

PLEASE SEE THE BACK OF THIS FORM TO SELECT THE CATEGORY OR CATEGORIES THAT YOU WILL BE ENTERING. Senior 4-H'ers only may enter two outfits.

If you are entering a garment you made, please complete this information:

Pattern Company & Number _____ Color(s) _____

Fabric/Fiber Content _____ Cost of Garment _____

It is important that you attach a copy of your pattern envelope front and back and a swatch of fabric from your outfit for the judges to use.



If you are entering a Ready to Wear outfit, please complete this information:

Color(s) _____ Cost of Garment _____

Fabric/Fiber of main piece _____

Attach a picture of the outfit for the judges to use.

➔ Please include information about yourself (hobbies, 4-H projects, likes & dislikes, etc.) and your fashion revue outfit (type of fabric, cost, where you will wear it, etc).

➔ Please bring a change of clothes to wear throughout the day.



SENIORS SELECT THE CATEGORY OR CATEGORIES THAT YOU WILL BE ENTERING.

Senior 4-H'ers only may enter two outfits.

Garment Made and Modeled by 4-H Member

_____ Sports Wear/Lounge Wear – Outfits include jogging outfits, beach wear, summer wear (i.e. sundress, shorts) riding habits, ski outfits, skating, or other sports outfits. Lounge wear includes appropriate sleep wear.

_____ Costumes – Costumes which are historic, ethnic, or created for theatrical or special events.
(Including any outfit that fits with the theme – 1950's fashions)

_____ Creative Choice – Outfits which are knitted, crocheted, or made from fabric that the member has tie-dyed, batiked, hand-painted, appliquéd or created by similar methods.

_____ Formal Wear – Outfit suitable for evening or semi-formal events, including men's wear, long or short dress or skirt.

_____ Outer Wear – Pull-over jackets, short and long coats, rain wear, capes, blazers, and other garments to be worn outdoors but not specifically designed for a particular sport.

_____ Separates – Outfit of at least **three coordinated** garments that must be modeled together. For example: skirt, blouse, vest; pants, shirt, jacket.

_____ Business/Professional – Outfits appropriate for job interviews or professional settings.

Ready-To-Wear Fashion Modeled by 4-H Member

_____ Sports Wear/Lounge Wear (All definitions are the same as above)

_____ Costumes

_____ Creative Choice (attach a photo of garment before making changes)

_____ Formal Wear

_____ Outer Wear

_____ Separates

_____ Business/Professional

4-H'ERS AGES 8-13 CHECK THE CATEGORY YOU WILL ENTER:

_____ **Constructed Garment**

_____ **Ready to Wear**

It is the policy of the UMD and MCE that no person shall be subjected to discrimination on the grounds of race, color, gender, religion, national origin, sexual orientation, age, marital or parental status, or disability.

Public Speaking Highlights

We had another successful Public Speaking Competition on Saturday, March 1st. With over 30 4-H'ers participating. Our youth did an outstanding job and the judges were very impressed.

The judges gave a lot of good feedback to the 4-H'ers and hopefully you will take their suggestions to help you improve even more for future competitions. We want to thank all of the judges for giving their time and talent to this event.

Also, we would like to thank all of the volunteers and parents who acted as room monitors, time keepers and who helped with other activities during the day.

One Champion from each category and each age division will be sent to the State competition which will be held at the University of Maryland on April 26. The Reserve Champions will be substitutes in case a Champion is unable to attend.

MAAFS Judging School

Would you like to know what it would be like to be a judge at a county fair? If you are an adult or an older teen then you are eligible to take classes in the upcoming Maryland Association of Agricultural Fairs & Shows (MAAFS) judging school.

MAAFS will be offering classes on how to judge woodworking, herbs, baking, crafts and many more projects. These classes will be given at the Montgomery County Agricultural Fairgrounds on April 19 from 8 a.m. to 4 p.m. for a cost of \$15 which includes your lunch.

For more information, a complete list of classes and a registration form please contact Richard Angus, 301-414-7826 or ra@umd.edu

***FASHION REVUE 2008
PROJECT RUNWAY 4-H STYLE
May 8, 2008 – 7 p.m.***

***Montgomery County Agricultural Center
Heritage Building
All Are Welcome to Participate***

Registration Information found elsewhere in this issue of *News & Notes*

OR

You Are Welcome to be Part of the Audience to See Our Models in Action