Activity Selection Form

Each activity will begin with the basics, and gradually build, according to the camper's ability. Please rank 1 (first choice) through 13 (last choice).

_____ ARCHERY - Each archer is provided with a bow, arrows, arm guard and finger tabs, all of which are latched to the camper's size and strength. Certified archery instructors teach safety, along with an introduction to how to shoot a bow and arrow. Beginners are closely coached and watched while those with more experience at the sport are encouraged to improve their performance. In addition to the permanent backstop, a woods course is laid out with large cardboard targets distributed off of a path through the woods for more free form hunting type practice. This woods archery course is offered as an "elective" activity to campers who want to spend more time in archery.

_____ ART – Campers will create a canvas with fun colors, shapes and patterns. Anyone can make great art work to take home – no experience necessary. Express yourself.

_____ CANDLE MAKING - Campers will learn how to make a variety of hand made candles.

_____ CANOEING – Campers will learn basic skill and safety techniques which will help them enjoy canoeing. Each camper will wear a life jacket at all times while in the canoe. Certified canoe instructors will teach the campers safe canoeing.

_____ CONFIDENCE COURSE – Individuals using a team approach work cooperatively to complete the outdoor low rope challenge course. A certified instructor will be working with the campers on the different elements.

_____ CRAFTS – The leaders have planned craft activities for each camper in addition to having a supply of beads, feathers, paints, etc. for your creativity.

_____ FISHING - Fish on the rugged shores of the 4-H Camp lake. Feel the rush of pulling your fish from the water; learn to put a worm on a hook. Fishing gear will be provided. It is catch and release.

_____ HIKING - Take nature hikes on and around camp grounds to look for different wild life, animal tracks, and different plants. A hike to the Natural Bog at camp could also be an option; it is a swampy area with all kinds of wildlife and interesting plant life – an area not changed by human contact.

_____ OUTDOOR COOKING – Campers will learn basic campfire safety and enjoy making a variety of foods on an open campfires.

_____ RIFLES – Campers will have the opportunity to learn firearms safety from certified instructors. We will shoot .22 caliber rifles on a 50 foot outdoor range. Eye and ear protection will be provided to each camper. The campers will shoot paper targets, balloons, etc. from a bench rest. The barrels of the rifles are tethered to the tables for safety.

_____ SPORTS - Use your creativity and join us to play some unusual crazy and fun games. Outdoor sports and games will teach team work.

_____ TIE DYEING – Create wearable art. Bring your white, prewashed 100% cotton items: shirts, socks, hats, shorts, etc. Choose from several designs or create your own. Campers tie and then use squirt bottles to apply the dye. Later campers untie, rinse and reveal their works of art

_____ SWIMMING - A certified lifeguard will be at the lake to supervise the roped in area of the lake that is designated for the swim area.

Campers Name: _____

Please return to: Howard County Extension Attn: Rick Hodiak 3525-L Ellicott Mills Dr. Ellicott City, MD 21043