



**MARYLAND
COOPERATIVE
EXTENSION**
UNIVERSITY OF MARYLAND
COLLEGE PARK • EASTERN SHORE

National Healthy Homes
Training Center & Network

Healthy Homes for Community Health Workers COURSE OUTLINE

The National Healthy Homes Training Center and Network has developed a “*Healthy Homes for Community Health Worker*” course targeted to individuals who work as health advocates in their communities. This course will train participants to provide one-on-one and large group education on healthy homes, provide general advice about specific healthy homes problems, and be able to recommend healthy homes approaches to be taken by families, landlords and other community members.

Course Outline	
Defining a Healthy Home	Discussion about the definition of a healthy home and how to base that definition on the seven principles of healthy housing (Keep It Dry, Clean, Ventilated, Pest-Free, Safe, Contaminant-Free, and Maintained).
Why is a Healthy Home Important?	Review of the reasons why children and seniors are particularly vulnerable to housing-related health hazards.
The Connection between Health & Housing	Review of the known connections between housing-related hazards and health.
Introduction to the Seven Principles	Introduction to a binder designed to be used by a CHW when talking with a community resident. The seven principles are illustrated through pictures and basic descriptions. The binder also provides residents with a list of actions to take related to each principle.
How to Identify Hazards and What to do About Them	How to identify housing-related health hazards from a set of photos, record the hazards on a form and then formulate an action plan for addressing the hazards.
Community Action on Healthy Housing	Discussion about community resources that can provide healthy homes assistance to community members, especially when landlords do not take action.
The Seven Steps to a Healthy Home	Small group practice on presenting the information in the seven principles binder. Large group discussion to help clarify information and answer questions.
Creating a Healthy Homes Toolkit and Training Plan	Review of a variety of tools and resources that CHWs can bring for one-on-one or group presentations and how to develop lesson plans for presentations.

The Training Center is offering this course through its network of training partners – see www.healthyhomestraining.org/About_HHTC.htm for a list of partners. This course is presented through a partnership with the National Center for Healthy Housing. Funding is provided by CDC, HUD and EPA. For more information about the training, please contact Susan Aceti at saceti@centerforhealthyhousing.org or 443.539.4153.