

# Make Your Own Seed Tape



## **Materials:**

- ✓ Flour
- ✓ Tooth picks
- ✓ Pen or marker
- ✓ Plastic baggies (sandwich size)
- ✓ Measuring spoons and container to mix flour and water
- ✓ Toilet paper (single ply, unbleached recommended)
- ✓ Ruler or stick marked off in the recommended distance between seeds
- ✓ Water
- ✓ Seeds
- ✓ Paper plate to put seeds on

## **Directions:**

- Start by mixing a thick paste of flour and water in a 2:1 ratio, for example, 2 tablespoons of flour to 1 tablespoon of water.
- Unroll toilet paper on a flat surface to a manageable length, for example, 2 feet. If making multiple tapes, it helps to have the toilet paper in pre-measured lengths.
- Fold the toilet paper in half lengthwise.
- Check the seed packet to find out the how far apart you need to space seeds. Use the distance suggested for thinning, not for planting.
- Using the ruler as a guide, mark the distance called for between seeds with dots on the toilet paper.
- Unfold the toilet paper. Dip a tooth pick into to the paste, then pick up a seed from the plate and deposit it on the dot on the toilet paper. Repeat until all the dots have seeds.
- Refold the toilet paper, adding a few more dots of paste to make sure the fold stays fast. You can write the type of seed on the end of the tape.
- Allow a minute or so for drying, the tape can be folded and placed in a plastic baggie for safe keeping.

When you are ready to plant, unroll the tape on soil and cover it to the depth called for on the seed packet. Keep it moist until seeds have germinated.

Resource: <http://learningandyearning.com/make-your-own-seed-tape>